

Creative Space

artist-led online workshops for young people living with long covid

Saturdays 10:30 - 11:30am

via Zoom

11th Feb - 1st Apr 2023

Are you aged between 16-24 and living with long covid? Join our new FREE online creative workshop series on Saturday mornings.

- Content creation
- Visual arts & craft
- Creative writing
- Digital photography & film
- Music & audio

Whether you already have creative interests or just want to try something new, our 8-week workshop series will offer a chance to forget about covid and meet people facing similar challenges. You can take part in the range of artist-led activities on offer or just drop by for a chat.

Workshops are free to join, and no booking is required, but please [sign up to the email list](#) so we can send you the private Zoom link for each event

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East Suffolk and North Essex
NHS Foundation Trust